



# Leveraging Clinical Staff Engagement

## *A Certificate of Excellence in PALTC*

# PROGRAM

*Joint Provided by FMDA – The Florida Society for Post-Acute and Long-Term Care Medicine and AMDA – The Society for Post-Acute and Long-Term Care Medicine*



THE FLORIDA SOCIETY  
FOR POST-ACUTE AND  
LONG-TERM  
CARE MEDICINE

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This Certificate Program is based on FMDA's Virtual 29<sup>th</sup> Annual Conference, which was held in collaboration with the Florida Chapters of Gerontological Advanced Practice Nurses Association, National Association Directors of Nursing Administration, and Florida Geriatrics Society.



This program is supported by a grant from the Centers for Medicare & Medicaid Services (CMS) Region IV and the State of Florida Agency for Health Care Administration. FMDA thanks CMS Region IV and AHCA for this opportunity to collaborate.





# LIST OF SESSIONS

## CLINICAL TOPICS

- 101 – Appropriate Use of Opioids for Managing Pain and Complications Associated with Long-Term Opioid Use
- 102 – Assessing Nutritional Needs and Deficiencies Among Older Adults
- 103 – Best Practices for Managing Fragility Hip Fracture Patients in Post-Acute Care Facilities
- 104 – Containment and Prevention of Multidrug-Resistant Organisms (MDROs) in PALTC
- 105 – Geriatric Literature Review
- 106 – Geriatric Nephrology & Hypertension
- 107 – Guidelines for Constipation in the Long-Term Care Resident
- 108 – National Expert Panel: State of COVID-19 in PALTC
- 109 – Operationalizing Frailty – A Clinical Strategy to Recognize Risk and Reduce Readmissions
- 110 – Pharmacological Management of Behavioral Problems in Dementia
- 111 – Resistant Pneumonia in Nursing Home Residents
- 112 – The Unlucky 13: A Case-Based Presentation that Will Test Your Knowledge of Wound Care Through an Interactive Challenge of 13 Real-Life Scenarios in the PALTC Setting

## MANAGEMENT TOPICS

- 201 – Agency for Health Care Administration Regulatory Update
- 202 – A New Approach to Quality Measurement: Focus on the Provider
- 203 – Billing & Coding in the Nursing Home
- 204 – Bridging the Gap in Clinical Nursing Home Care: Bold Steps Needed
- 205 – Communication Is Revolutionary: Reframing the Emergency Department Transition
- 206 – COVID-19 Pandemic Impact on PALTC: Deep Data Dive
- 207 – Enhancing Clinical Competencies: Look Before You Leap
- 208 – Keynote: PALTC Response to COVID-19
- 209 – Keynote: State of the State
- 210 – **Florida Mandatory Licensure Renewal Course:** Preventing Medical Errors (approved for NHAs for general CEUs)
- 211 – Public Policy Spotlight
- 212 – Reducing Hospital Admissions with SNFIST Model
- 213 – Update on Telemedicine & Remote Patient Monitoring

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## AMDA/FMDA Disclosure

Registrants for this program understand that medical and scientific knowledge are constantly evolving. The views and treatment modalities of the instructors are their own and may reflect innovations (including off-label or investigational use of medical products) and opinions not universally shared. Every effort has been made to assure the accuracy of the data presented at this program in the context of accepted medical practice. Prior to clinical application, clinicians should check specific details such as drug doses and contraindications, off-label uses, or other details in standard sources. The views and treatment modalities of the instructors are not those of the AMDA or FMDA, but are presented in this forum to advance scientific and medical education. Participants waive any claim against AMDA/FMDA arising from information presented at this program.



400 EXECUTIVE CENTER DRIVE, SUITE 208  
WEST PALM BEACH FL 33401

January 2022

Dear Participants:

We are excited to welcome you to Leveraging Clinical Staff Engagement: A Certificate of Excellence in PALTC – a unique, on-demand educational certificate program. It offers current and future clinicians tools to enhance the quality of person-centered care to residents by raising the educational understanding of the complexity of care delivery for the most frail and fragile citizens living in nursing homes.

FMDA is committed to providing you with the highest quality education from some of the leading experts in PALTC (post-acute and long-term care). The sessions presented here were recorded last October, during FMDA's Virtual 29th Annual Conference, a regional gathering with national impact for medical directors, attending physicians, advanced practice nurses, consultant pharmacists, physician assistants, directors of nursing, nurse administrators, and nursing home administrators working in the PALTC continuum.

Our thanks to FMDA's Education Committee and the following collaborating organizations for helping us develop these sessions: Florida Chapters of Gerontological Advanced Practice Nurses Association, National Association Directors of Nursing Administration, and Florida Geriatrics Society. Their contribution to the excellence of this programming was extraordinary.

In addition, we appreciate all our amazing presenters, including the following faculty who provided relevant updates to their original presentations for which, we are very grateful. 1. Session 206: Rhonda Randall, DO; Immediate Past-President, FMDA. 2. Session 211: Alex Bardakh, MPP, PLC; Director, Public Policy & Advocacy, AMDA. 3. Session 108: Dana Saffel, PharmD; President and CEO, PharmaCare Strategies. 4. Session 108: David Nace, MD, MPH, CMD; Immediate Past President, AMDA. A special thanks to CMDA – The Colorado Society for PALTC Medicine – for allowing us to share Dr. Nace's update with us.

Please take a few minutes to review the information in this program and familiarize yourself with the format of this program, and the way in which licensees will be able to earn contact hours (see pages 6-8). To earn the correct CMEs/CEs/CNEs for the sessions you attend, enter each session separately through the Sessions icon. When you finish the session, click the Session Exam and Evaluation button at the top of the screen. You must score 80% to pass and you may repeat the exam as many times as you'd like. Once you've passed the exam you'll be prompted to complete the evaluation. Return to the Socio Event App or desktop platform after the evaluation to continue on to the next session of your choice.

You are invited to explore all 29 training hours available through 25 different sessions, but you must complete 20 of the available 29 CE hours to qualify for FMDA's Certificate of Excellence in PALTC.

After you complete your final session and submit the Session Exam and Evaluation, click the Request CEs Icon. You'll be directed to complete the Program Evaluation in order to receive your CEs and Certificate of Excellence in PALTC. This is not an automated process. FMDA staff will report hours earned for applicable Florida licensees to CE Broker and email your Certificate of Attendance within 2-3 weeks after you request CEs. Your frameable Certificate of Excellence in PATLTC will be sent via U.S. Postal Service.

Once you begin this program, you will have 90 days in which to complete it. The virtual platform is accessible 24 hours a day, 7 days a week (except when under maintenance). If you have any questions along the way, please reach out to one of our staff members.

Again, welcome and thank you for your participation in Leveraging Clinical Staff Engagement: A Certificate of Excellence in PALTC. We hope you enjoy the program and find it to be a valuable asset to your work and career.

Yours truly,

Executive Committee, FMDA – The Florida Society for Post-Acute and Long-Term Care Medicine

*President:* Angel Tafur, MD, CMD

*Chairman of the Board:* Leonard Hock, DO, MACOI, CMD, HMDC, FAAHPM

*Vice President/President-Elect:* Diane Sanders-Cepeda, DO, CMD

*Secretary/Treasurer:* Elizabeth Hames, MD, CMD

*Immediate Past-President:* Rhonda L. Randall, DO

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## Leveraging Clinical Staff Engagement: Program Description

This program is designed to provide a review and update of major geriatric diseases, illnesses, and risks found in nursing home patients, residents of assisted living facilities, those under hospice care, and seniors living at home. Topics covered include: Preventing Medical Errors ▲ Enhancing Clinical Competencies ▲ Update on Telemedicine & Remote Patient Monitoring ▲ Pharmacological Management of Behavioral Problems in Dementia ▲ COVID-19 Pandemic Impact on PALTC: Deep Data Dive ▲ Keynote: State of the State ▲ Bridging the Gap in Clinical Nursing Home Care ▲ Communication Is Revolutionary: Reframing the Emergency Department Transition ▲ Public Policy Spotlight ▲ Resistant Pneumonia in Nursing Home Residents ▲ Reducing Hospital Admissions with SNFIST Model ▲ Billing & Coding in the Nursing Home ▲ Guidelines for Constipation in the Long-Term Care Resident ▲ Operationalizing Frailty – A Clinical Strategy to Recognize Risk and Reduce Readmissions ▲ Containment and Prevention of Multidrug-Resistant Organisms in PALTC ▲ National Expert Panel: State of COVID-19 in PALTC ▲ Case-Based Presentation that Will Test Your Knowledge of Wound Care Through an Interactive Challenge of 13 Real-Life Scenarios in the PALTC Setting ▲ Keynote: PALTC Response to COVID-19 ▲ A New Approach to Quality Measurement ▲ Assessing Nutritional Needs and Deficiencies Among Older Adults ▲ Geriatric Nephrology & Hypertension ▲ Geriatric Literature Review ▲ AHCA Regulatory Update ▲ Appropriate Use of Opioids for Managing Pain and Complications Associated with Long-Term Opioid Use ▲ Best Practices for Managing Fragility Hip Fracture Patients in Post-Acute Care Facilities

## Target Audience

This program is designed to educate physicians, advanced practice nurses, senior care pharmacists, consultant pharmacists, physician assistants, directors of nursing in LTC, registered nurses, and long-term care administrators, as well as geriatricians, primary care and home care physicians, physicians considering becoming long-term care medical directors, hospice medical directors, or home care medical directors, and others with an interest in geriatrics and its continuum of care. The faculty includes national and regional authorities in the fields of medical direction, senior care pharmacology, post-acute and long-term care medicine, and geriatric medicine.

## Leveraging Clinical Staff Engagement Objectives

*Upon completion of the Leveraging Clinical Staff Engagement Through Education in PALTC – A Certificate Program, participants should be able to:*

1. Discuss the professional challenges facing medical directors, attending physicians, advanced practice nurses, consultant pharmacists, physician assistants, directors of nursing, and administrators practicing in the continuum.
2. Describe the advances in theoretical and clinical knowledge impacting individuals affected by medical issues in the PALTC continuum.
3. Discuss current and emerging issues and public policy efforts.
4. Describe examples of evidence-based practice and multidisciplinary approaches to enhance outcomes in various health care settings.
5. List examples of evidence-based practice as it pertains to PALTC medicine.
6. Discuss the principles and practice of geriatric medicine, and other pertinent medical disciplines dealing with chronic care conditions.
7. Review drug prescribing guidelines for older adults and other complex LTC residents.
8. Work effectively as part of an interdisciplinary team.
9. Discuss relevant F-Tags that are commonly cited in SNFs.
10. Describe the flexibility needed to take on evolving competency-based education.

# Continuing Education

## EDUCATION COMMITTEE

**EDUCATION COMMITTEE CHAIR:** Kenya Rivas, MD, FAAFP, CMD

**PROGRAM DIRECTOR:** Angel Tafur, MD, CMD; Vice Chair, CME-Education Committee

**AMDA LIAISON:** Robert Kaplan, MD, FACP, CMD; Past-President, FMDA

**NADONA LIAISON:** Sherrie Dornberger, RNC, GDCN, CDONA, FACDONA; Executive Director, NADONA

**FLORIDA CHAPTERS OF GAPNA LIAISON:** Michelle Lewis, MSN, ARNP, FNP, GNP; President, FL-GAPNA

**FLORIDA GERIATRICS SOCIETY LIAISON:** Ron Garry, MD; Immediate Past-President, FGS

**FL-ASCP LIAISON:** Rick Foley, PharmD; Past-Chair, FL Chapter – American Society of Consultant Pharmacists

**NURSE PLANNER:** Michelle Lewis, MSN, ARNP, FNP, GNP; President, FL-GAPNA

**COMMITTEE MEMBERS:** Mark L. Beauchamp, MD, FACP; Marva Edwards-Marshall, DNP, ARNP-BC; Marcia Gilkes, ARNP; Maria R. Gonzalez, MD, FAAFP, CMD; Alfonso Gonzalez-Rodriguez, MD; Elizabeth Hames, DO, CMD; Leonard Hock Jr., DO, MACOI, CMD; Diane Sanders-Cepeda, DO, CMD; Laurie Sheffield, ARNP, DNS; Niharika Suchak, MBBS, MHS, FACP, AGSF; and Lauren Tafur, ARNP

## EDUCATION COMMITTEE DISCLOSURES

Shark Bird, MD, CWSP, CMD	Stock Shareholder (self-managed), Full-time/Part-time Employee, Vohra Wound Physicians
Rick Foley, PharmD	Employee, CVS/Omnicare
Marva Edwards-Marshall, DNP, ARNP-BC	Optum Care
Rhonda Randall, DO	UnitedHealth Group
Kenya Rivas, MD, FAAFP, CMD	UnitedHealth Group
Diane Sanders-Cepeda, DO, CMD	UnitedHealthCare

Please note that in addition to being presented with disclosure information about faculty, the same disclosure information is required of all CME/Education Committee members — our planning committee. Where there are no financial interests indicated, the faculty or planning committee member had none to report. In the spirit of full disclosure, no member of this committee is a compensated conference speaker.

This program provides you with the opportunity to earn continuing education credits for the licensed professions listed here.

## CERTIFICATE OF ATTENDANCE AND CERTIFICATE OF EXCELLENCE IN PALTC

After each session is over, return to the Sessions Icon, click on the session you just watched, scroll down to the links section, click on the Session Survey link, and fill out the course evaluation. Next, complete the exam questions with a minimum 80% score for each session, before you move on to the next session. Be advised that you will only be asked to complete exam questions for the session you attend.

After you complete your last session, submit the final session evaluation, program evaluation, and needs assessment in order to receive your Certificate of Attendance from FMDA. Enrollees must attend a minimum of 20 hours of the online training sessions out of a maximum of 29 total hours available in order to earn your Certificate of Excellence in PALTC.

Within three months of enrolling in the program, enrollees are required to take and pass the online multiple-choice exam questions for each of the sessions attended – and there is no limit to the number of times you can take them.

Enrollees who meet all the requirements of participation will receive a frameable Certificate of Excellence in PALTC for successfully completing the program.

## CME ACCREDITATION for PHYSICIANS (MDs and DOs)

**Accreditation Statement:** This activity has been planned and implemented in accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AMDA – The Society for Post-Acute and Long-Term Care Medicine and FMDA – The Florida Society for Post-Acute and Long-Term Care Medicine. AMDA – The Society for Post-Acute and Long-Term Care Medicine is accredited by the ACCME to provide continuing medical education for physicians.



**Credit Designation Statement:** AMDA – The Society for Post-Acute and Long-Term Care Medicine designates this enduring material for a maximum of **29 AMA PRA Category 1 Credits™**. Physicians should claim credit commensurate with the extent of their participation in the activity.

# Continuing Education

**CMD Credit Statement:** This activity has been pre-approved by ABPLM for a total of **16.0\* management hours** and **13\* clinical hours** toward certification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. The CMD program is administered by the American Board of Post-Acute and Long-Term Care Medicine. Each physician should claim only those hours of credit actually spent on the activity. (\* Subject to change.)



**The American Osteopathic Association:** AOA recognizes this activity for AMA PRA Category 1 Credit™ as AOA Category 2 Credit.

**State of Florida Boards of Medicine:** CE Broker Tracking #20-871760.

## PHARMACIST CONTINUING EDUCATION

**General Pharmacist Credit:** The Association for Medication Education (AME) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This knowledge-based program has been approved for 27 contact hours. Sessions 203 and 109 are NOT approved for pharmacist CE. Each individual session of this conference has received a separate Universal Activity Number (UAN). For details related to learning objectives, speakers, and UAN numbers for each session, go to [www.bestcarepractices.org](http://www.bestcarepractices.org). ACPE credit is for pharmacists only.



### Universal Activity Numbers

101	0854-9999-20-042-L01-P	107	0854-9999-20-032-L01-P	201	0854-9999-20-041-L04-P	208	0854-9999-20-036-L01-P
102	0854-9999-20-038-L01-P	108	0854-9999-20-034-L04-P	202	0854-9999-20-037-L04-P	209	0854-9999-20-026-L04-P
103	0854-9999-20-043-L04-P	110	0854-9999-20-024-L01-P	204	0854-9999-20-027-L04-P	210	0854-9999-20-021-L05-P
104	0854-9999-20-033-L01-P	111	0854-9999-20-030-L01-P	205	0854-9999-20-028-L04-P	211	0854-9999-20-029-L03-P
105	0854-9999-20-040-L04-P	112	0854-9999-20-035-L04-P	206	0854-9999-20-025-L04-P	212	0854-9999-20-031-L05-P
106	0854-9999-20-039-L01-P			207	0854-9999-20-022-L04-P	213	0854-9999-20-023-L04-P

**Florida Consultant Recertification:** This activity has been approved by the Florida Board of Pharmacy. CE Broker Program Tracking Number 20-793702. The designated approved blocks are: Block 1 (Sessions 111, 206, and 209) • Block 2 (Sessions 104, 108, and 208) • Block 3 (Sessions 103, 201, and 202).

## ANCC: NATIONALLY APPROVED CONTACT HOURS for ADVANCED PRACTICE NURSES & LICENSED NURSES

This continuing nursing education activity was approved by the Alabama State Nurses Association (ASNA) for a total of 29 contact hours of continuing education and 29 maximum participant hours, Course ##2-0.2353, through Sept. 15, 2022.

ASNA is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

## FLORIDA CONTACT HOURS for ADVANCED PRACTICE NURSES, LICENSED NURSES, and NURSING HOME ADMINISTRATORS

This educational program has been approved for up to 29 nursing contact hours and 29 nursing home administrator CEUs by the Florida Association Directors of Nursing Administration/LTC (Florida Board of Nursing and Florida Board of Nursing Home Administrators CE Broker Provider ID Number 50-682). CE Broker Tracking #20-871742. This program has NOT been submitted to NAB for NHA CEUs.



## FLORIDA PHYSICIAN ASSISTANTS

This program has been approved for up to 29 hours and accepted by the Florida Board of Medicine for Florida Physician Assistants. CE Broker Program Tracking Number #20-871760.

## Continuing Education Credits Calculated by Profession

<u>Session Title/No.</u>	<u>MD/DO/PA/CMD</u>	<u>ACPE</u>	<u>NP/RN*</u>	<u>NHA</u>
<b>Clinical Topics</b>				
101 Appropriate Use of Opioids for Managing Pain and Complications Associated with Long-Term Opioid Use	(1.0 hour)	CLINICAL	1.0	1.0
102 Assessing Nutritional Needs and Deficiencies Among Older Adults	(1.0 hour)	CLINICAL	1.0	1.0
103 Best Practices for Managing Fragility Hip Fracture Patients in Post-Acute Care Facilities	(1.0 hour)	CLINICAL	1.0	1.0
104 Containment and Prevention of Multidrug-Resistant Organisms (MDROs) in PALTC	(1.0 hour)	CLINICAL	1.0	1.0
105 Geriatric Literature Review	(1.0 hour)	CLINICAL	1.0	1.0
106 Geriatric Nephrology & Hypertension	(1.0 hour)	CLINICAL	1.0	1.0
107 Guidelines for Constipation in the Long-Term Care Resident	(1.0 hour)	CLINICAL	1.0	1.0
108 National Expert Panel: State of COVID-19 in PALTC	(1.5 hours)	CLINICAL	1.5	1.5
109 Operationalizing Frailty – A Clinical Strategy to Recognize Risk and Reduce Readmissions	(1.0 hour)	CLINICAL	0	1.0
110 Pharmacological Management of Behavioral Problems in Dementia	(1.0 hour)	CLINICAL	1.0	1.0
111 Resistant Pneumonia in Nursing Home Residents	(1.0 hour)	CLINICAL	1.0	1.0
112 The Unlucky 13: A Case-Based Presentation that Will Test Your Knowledge of Wound Care Through an Interactive Challenge of 13 Real-Life Scenarios in the PALTC Setting	(1.5 hours)	CLINICAL	1.5	1.5
<b>Administrative &amp; Regulatory Topics</b>				
201 AHCA Regulatory Update	(1.0 hour)	MANAGEMENT	1.0	1.0
202 A New Approach to Quality Measurement: Focus on the Provider	(1.0 hour)	MANAGEMENT	1.0	1.0
203 Billing & Coding in the Nursing Home	(1.0 hour)	MANAGEMENT	0	1.0
204 Bridging the Gap in Clinical Nursing Home Care: Bold Steps Needed	(1.0 hour)	MANAGEMENT	1.0	1.0
205 Communication Is Revolutionary: Reframing the Emergency Department Transition	(1.0 hour)	MANAGEMENT	1.0	1.0
206 COVID-19 Pandemic Impact on PALTC: Deep Data Dive	(1.0 hour)	MANAGEMENT	1.0	1.0
207 Enhancing Clinical Competencies: Look Before You Leap	(3 hours)	MANAGEMENT	3.0	3.0
208 Keynote: PALTC Response to COVID-19	(1.0 hour)	MANAGEMENT	0	1.0
209 Keynote: State of the State	(1.0 hour)	MANAGEMENT	1.0	1.0
210 Preventing Medical Errors	(2 hours)	MANAGEMENT	2.0	2.0
211 Public Policy Spotlight	(1.0 hour)	MANAGEMENT	1.0	1.0
212 Reducing Hospital Admissions with SNFIST Model	(1.0 hour)	MANAGEMENT	1.0	1.0
213 Update on Telemedicine & Remote Patient Monitoring	(1.0 hour)	MANAGEMENT	1.0	1.0
<u>Total CME/CE hours approved:</u>	29.0	29.0	27.0	29.0
<u>Maximum CME/CE hours to be earned:</u>	29.0	29.0	27.0	29.0

\* Nursing contact hours approved for ANCC (through Sept. 15,2022) and FADONA (60-minute hour).



# Faculty for Leveraging Clinical Staff Engagement

## Alex Bardakh, MPP, PLC

**Alex Bardakh** is director of public policy and advocacy at AMDA – The Society for Post-Acute and Long-Term Care Medicine. Earlier, he spent three years at AMDA serving as the health policy analyst working on physician payment, quality, and care transitions issues. During that tenure, he developed resources on the Physician Quality Reporting Initiative and Value-Based Purchasing Program. Prior to his return to AMDA, he spent two years as the government relations and advocacy coordinator for the American Urological Association. The author of “Are We Finally Ready for Medicare-Pay Reform?” (*Caring for the Ages*, August 2013), he was staff project lead for two AMDA white papers on care transitions.

## Shark Bird, MD, CMD, CWSP

**Dr. Shark Bird** is a certified wound specialist physician through the American Board of Wound Management and a certified medical director with the American Board for Post-Acute and Long-Term Care Medicine. The chief medical officer for the nation’s largest provider of wound physicians in the post-acute setting, he spearheaded the writing and development of their year-long fellowship program.

Dr. Bird attended medical school at Marshall University School of Medicine in Huntington, WV, and completed his residency in family medicine with West Virginia University/CAMC in Charleston, WV, before beginning his solo practice in rural West Virginia. He serves on the Advisory Council for the College of Health at Ball State University in Indiana and as adjunct faculty for Nova Southeastern University in Florida.

With a long-standing interest in geriatric medicine and international tropical medicine following years of mission work in West Africa, Dr. Bird began a full-time wound care career in 2004. He is the author of numerous publications and presents at conferences throughout the U.S. and abroad educating clinicians on wound care in the post-acute space.

## Adrian Burrowes, MD, FAAFP

**Dr. Adrian Burrowes** is a board-certified family medicine physician. He joined CFP Physicians Group in 2003 to provide the highest standard of care for men and women in Casselberry, FL.

He received his doctorate in medicine from the Miller School of Medicine at the University of Miami. Specializing in family medicine and geriatrics, Dr. Burrowes has been on the Orlando Top Doctors List for several consecutive years. In 2015, he became the CEO of CFP Physicians Group, where he remains dedicated to delivering medical services that truly make a difference in patients’ lives.

Dr. Burrowes has completed compassionate care training in medical marijuana so that, in the necessary circumstances, patients can choose from a selection of valuable and effective treatment methods to reduce inflammation and pain and enhance their quality of life.

## Steven Buslovich, MD, CMD

**Dr. Steven Buslovich** is a practicing geriatrician and certified medical director of several nursing home and post-acute care facilities. An active committee member in the American Geriatrics Society (AGS), he created the Technology Innovations Pavilion at the annual AGS conference, where aging-focused startups collaborate with geriatricians. He is an expert in frailty, complex care management, and PDPM. Dr. Buslovich is the recipient of AMDA’s Shark Tank Innovation Award.

## Ariel Cole, MD, FAAFP, CMD

**Dr. Ariel Cole** is director of the geriatric fellowship at AdventHealth in Winter Park, FL, where she supervises medical students, residents, and geriatric fellows in the care of elderly patients in the hospital, outpatient clinics, nursing homes, and home visits. She oversees a Comprehensive Geriatric Assessment Clinic within the Centre for Aging and Wellness, where patients and their caregivers meet with an interdisciplinary team to evaluate their medical, functional, and psychosocial status. The Orlando campus clerkship director for geriatrics at the Florida State University College of Medicine, Dr. Cole is a member of the American Academy of Family Physicians, American Geriatrics Society, and AMDA – The Society for Post-Acute and Long-Term Care Medicine.

## Nychie O. Dotson, PhD, MPH, CIC, CPHQ, FAPIC

**Dr. Nychie Dotson** is the health care-associated infection (HAI) prevention program manager within the Bureau of Epidemiology, Division of Disease Control and Health Protection, at the Florida Department of Health, where she leads the planning, coordination, implementation, and evaluation of HAI and antimicrobial resistance (AR) prevention activities across the continuum of care throughout the State of Florida. She has more than 12 years of experience in infection control in acute care settings and extensive experience in public health, patient safety, and quality.

In her role as the HAI program manager, she has led and co-led numerous state, regional, and local outbreak responses for the containment of novel AR organisms and other HAIs. In Florida, she has established an HAI advisory board that includes

representatives from health care associations, coalitions, state agencies, health care corporations, infectious disease societies, teaching hospitals, and subject matter experts across the field of infection prevention that guide the direction of the HAI prevention program. Dr. Dotson has also developed and implemented objectives for the FDOH's State Health Improvement Plan to reduce antimicrobial drug-resistant organisms and prevent HAIs in the State of Florida.

She holds a PhD in public health epidemiology from Walden University, a certification in infection control and epidemiology, and is a certified professional in healthcare quality from the National Association for Healthcare Quality. In 2019, Dr. Dotson was accepted as a member of the Association for Professionals in Infection Control and Epidemiology (APIC) fellows. She is also a member of the National Society of Leadership and Success, Sigma Alpha Pi.

Dr. Dotson is very active in the advancement of infection prevention and patient safety, having served as APIC chapter president for the Bay Area Professionals in Infection Control and current president for the Florida Professionals in Infection Control. A mentor to novice infection preventionists, she has authored and co-authored publications and abstracts highlighting the emergence of novel drug-resistant organisms and best practices for prevention of HAIs.

#### **Bernardo Reyes Fernandez, MD, CMD**

**Dr. Bernardo Reyes Fernandez** is a board-certified internist and geriatrician. He is an assistant professor of geriatrics in the Charles E. Schmidt College of Medicine at Florida Atlantic University (FAU), where he serves as director of the geriatric and palliative rotations and associate director of the Internal Medicine Residency Program.

After finishing his internal medicine training, Dr. Reyes joined the staff of Massachusetts General Hospital (MGH) and became an instructor at Harvard Medical School. During his tenure, he developed the first geriatric co-managed orthopedic service between MGH and Harvard Orthopedic Trauma and later became the first Charlotte Bloomberg fellow in geriatric medicine and received formal training as a geriatrician. In the latest phase of his career, he worked as a staff geriatrician at Cleveland Clinic Florida before transitioning to his new role in FAU.

His scholarly activity includes seven chapters in textbooks, including the latest edition of *Harrison's Principles of Internal Medicine*, editorials and letters to the editor in journals including the *New England Journal of Medicine*, original peer-reviewed research publications, as well as dozens of posters and oral presentations in regional, national, and international venues. His research portfolio is focused in the areas of safe transitions of care for at-risk older adults and early identification of sepsis in the post-acute setting. In addition, he designed and implemented an international exchange program between FAU and Universidad de Navarra for FAU students to learn medical Spanish and the differences between the health care systems in Europe and the U.S.

#### **Leonard M. Gelman, MD, CMD**

**Dr. Leonard Gelman** is a practicing physician in the Capital District area of New York State and has been in private practice since 1986 in Ballston Spa. He holds current board certification in family practice, geriatrics, and hospice and palliative medicine. In addition to hospital privileges at Saratoga Hospital in Saratoga Springs, NY, he has been involved with multiple nursing homes as medical director and as an attending physician for over 30 years, as well as local and national medical director associations for many years.

Dr. Gelman has held many positions at AMDA – The Society for Post-Acute and Long-Term Care Medicine in education, public policy, and board leadership and was AMDA president from 2014 to 2015. He was awarded AMDA's William Dodd Founders Award for Distinguished Service and Lifetime Achievement in 2006 and the James Pattee Award for Excellence in Education in 2008.

He helped develop and teach AMDA's Certified Medical Director course to certify physician medical directors in the post-acute and long-term care realm, and has lectured at national and state meetings on medical practice and medical direction in post-acute care. Dr. Gelman has worked on a number of projects for the New York State Department of Health to improve health outcomes and quality of life for nursing home residents, as well as for the Centers for Medicare & Medicaid Services, including the project to reduce unnecessary hospitalizations.

He is currently medical director at Washington Center for Rehabilitation and Healthcare, Granville Center for Healthcare, and Slate Valley Rehabilitation Center in New York.

#### **F. Michael Gloth III, MD, FACP, AGSF, CMD**

**Dr. Michael Gloth** is a clinical professor of geriatrics at Florida State University College of Medicine, associate professor of medicine in the Division of Geriatric Medicine and Gerontology at Johns Hopkins University School of Medicine, and president and CEO of AMDG Naples 100 Senior Concierge and Consulting, LLC.

After receiving his MD from Wayne State University School of Medicine, Dr. Gloth completed his internship and residency in internal medicine at Union Memorial Hospital in 1987 and a three-year fellowship in geriatric medicine and gerontology at Johns Hopkins University School of Medicine in 1990.

He is a fellow in the American College of Physicians and American Geriatrics Society, served on the Advisory Committee to the 2005 White House Conference on Aging (presidential appointee), National Advisory Council on Aging to NIH, Medical and Scientific Advisory Board for the Alzheimer's Association, and on national guideline panels for pain relief, osteoarthritis,

osteoporosis, vitamin D in older adults, and for revision of the Beers Criteria on drugs to be avoided in older adults. Other consultant services include the U.S. Conference of Catholic Bishops on end-of-life issues and health systems developing geriatrics programs.

Currently, he serves on the Health in Aging Foundation Board. His publications are extensive, including medical informatics, in-patient geriatric units (ACE or GEM units), medication management in older adults, *Handbook of Pain Relief in Older Adults*, and International Book Award winner *Fit at Fifty and Beyond*. Dr. Gloth has been the recipient of numerous grants and awards, including multiple listings in Who's Who and in Best Doctors in America; in 2006, he was named Clinician of the Year by the American Geriatrics Society.

#### **David Grabowski, PhD**

**Dr. David Grabowski** is a professor in the Department of Health Care Policy at Harvard Medical School. His research examines the economics of aging with a particular interest in the areas of long-term and post-acute care. His work examines the integration and coordination of care for dually eligible beneficiaries.

He has been the principal investigator on five R01s from the National Institute on Aging on projects related to the value of post-acute care, skilled nursing facility payment, demand for long-term care insurance, specialization in dementia care, and non-profit provision of nursing home care. His research has also been supported by a number of private foundations, including the Robert Wood Johnson Foundation, Commonwealth Fund, Arnold Foundation, and Donaghue Foundation. He led a team at Harvard in the evaluation of the CMS Nursing Home Value-Based Purchasing Demonstration.

Dr. Grabowski is a member of the Medicare Payment Advisory Commission, an independent agency established to advise the U.S. Congress on issues affecting the Medicare program. He has served on several CMS technical expert panels. An associate editor of the Forum for Health Economics and Policy, he is a member of the editorial boards of American Journal of Health Economics, Medical Care Research & Review, and B.E. Journals in Economic Analysis & Policy. He was the 2004 recipient of the Thompson Prize for Young Investigators from the Association of University Programs in Health Administration.

He received his PhD in public policy from the Irving B. Harris School of Public Policy at the University of Chicago.

#### **Arlene Herrin, MHSA**

**Arlene Herrin** is vice president of healthcare for AdventHealth Orlando. She has a demonstrated history of working in the hospital and health care industry. Her areas of expertise include strategic planning, patient safety, healthcare management, healthcare, and leadership. An experienced healthcare services professional, she joined AdventHealth in 1994.

#### **Leonard Hock, DO, MACOI, CMD, FAAHPM, HMDC**

**Dr. Leonard Hock** is chairman of the board, FMDA – The Florida Society for Post-Acute and Long-Term Care Medicine. Most recently, he was palliative medicine medical director for VITAS Healthcare in Orlando. Prior to that, he was chief medical officer of Harbor Palliative Care and Advanced Illness Management, Division of TrustBridge Health, in south Florida and he spent more than 20 years as president of an internal medicine practice dedicated to the care of frail elderly, specialized geriatric care, and hospice and palliative medicine. Dr. Hock developed a palliative case management model for acute care hospitals that has proven to be successful in decreasing length of stay and acute care costs, while increasing comfort measures for the end-of-life patient and support to family members.

During his medical career in Kansas City, Dr. Hock was the health care reporter for FOX 4 News. For 13 years he was seen daily on “Housecalls” by thousands of viewers who watched him speak on pertinent health topics. An excellent public speaker and advocate of hospice and palliative care within the community, he is a frequent local, regional, and national presenter on medical, scientific, and cultural issues.

A veteran of the United States Army, Dr. Hock has held several physician executive positions. He is board certified in internal medicine, geriatrics, and hospice and palliative medicine. A diplomate of the American Board of Hospice and Palliative Medicine, he is a member of the American Academy of Hospice/Palliative Medicine. As chairman of the board of FMDA, he chairs its Hospice and Palliative Care Section and Physician Orders for Life-Sustaining Treatment Committee.

#### **Georgiana Hogan, RN, BSN, CHPN, DNP**

**Dr. Georgiana Hogan** is a Veterans Affairs nurse practitioner who has worked in long-term care for over eight years. In conjunction with a gastroenterologist, pharmacist, and two gerontologists, a clinical practice guideline was developed for the prevention and management of constipation in the long-term care resident. This guideline was implemented at a community living center that houses long-term care, short-term rehab, and hospice residents. A nurse-driven acute constipation protocol is being developed for system-wide implementation at the Asheville, NC, Charles George VA Medical Center.

#### **Robert Kaplan, MD, FACP, CMD**

**Dr. Robert Kaplan** is board certified in internal medicine and geriatrics and is a certified medical director. With an extensive background in long-term care, Dr. Kaplan continues to serve as a multi-facility medical director. He is a past-president of FMDA – The Florida Society for Post-Acute and Long-Term Care Medicine and immediate past-chair of the American Board

of Post-Acute and Long-Term Care Medicine. For many years he served as an AMDA faculty member teaching the Core Curriculum, including a past stint as chair.

A practicing internist for approximately 20 years, Dr. Kaplan is a fellow of the American College of Physicians and a former chair of the Department of Medicine and medical staff president of South Seminole Hospital in Longwood, FL. He is the 2020 recipient of the James Pattee Award presented by AMDA for Excellence in Education.

#### **Paul Katz, MD, CMD**

**Dr. Paul Katz** is professor and chair of the Department of Geriatrics at Florida State University College of Medicine. He is a licensed geriatrician with a unique background and expertise in the role of the physician in the delivery of care to residents in nursing homes and other post-acute and long-term care settings. Before coming to the FSU College of Medicine in May 2015, he was vice president of medical services at the Baycrest Health Centre and Professor of Medicine at the University of Toronto. He previously served as chief of the Division of Geriatrics/Aging at the University of Rochester School of Medicine and for 16 years was medical director at Monroe Community Hospital, a highly regarded academic nursing home in Rochester, NY. He also spent five years as chief of staff for research at the Canandaigua Veterans Administration Medical Center as well as medical director of the Home Based Primary Care Program at the Rochester VA Clinic.

A widely published author and noted speaker on aging issues, he is past-president of AMDA – The Society for Post-Acute and Long-Term Care Medicine and has co-led a committee that formulated 26 core competencies of the nursing home physician. He has co-edited 11 books and has over 135 scholarly publications. Dr. Katz has received grants from the National Institutes of Health, U.S. Veterans Administration, Health Resources and Service Administration, and Ontario Ministry of Health and Long-Term Care. He has led studies outlining demographic characteristics of nursing home physicians and their practice patterns, using the results to define links between nursing home medical staff organization and quality outcomes. He is the current project director of a \$3 million federally funded grant that focuses on the training of the geriatric workforce and family caregivers.

Dr. Katz is an active member of the Senior Quality Leap Initiative (SQLI), a consortium of 13 Canadian and U.S. senior care organizations dedicated to quality improvement in nursing homes. Through the SQLI, Dr. Katz has helped develop and implement several large-scale initiatives that have positively impacted the health and safety of nursing home residents.

#### **Diala Khirfan, MD**

**Dr. Diala Khirfan** is a nephrology and hypertension fellow at Louisiana State University, where she participated in LSU's Nephrology EPO Project. The project was cultivated to identify barriers and address the need for improving erythropoietin stimulating products administered to transient ESRD patients with anemia at UMCNO.

She completed an internal medicine residency at Hamad Medical Corporation in Doha, Qatar, and a nephrology clinical clerkship at Vanderbilt University Hospital, in the department of internal medicine. She is an expected nephrology transplant fellow at the University of Alabama at Birmingham.

#### **Steven Levenson, MD, CMD**

**Dr. Steven Levenson** has spent 41 years working in PALTC settings as a physician and medical director. He has been medical director of 22 (currently two) PALTC facilities in Maryland and is responsible for overseeing 17 facilities in Kentucky and Tennessee.

Dr. Levenson has authored or co-authored four books and over 80 articles. His book, *Medical Direction in Long-Term Care*, was the first written about how to be a medical director. Another book, *Subacute and Transitional Care Handbook*, has remained the only comprehensive clinically oriented reference on the topic of post-acute care. *Medical Policies and Procedures for Medical Directors and Attending Physicians in Long-Term Care* is a comprehensive guide on being a long-term and post-acute care medical director and attending physician.

He is recognized for his pioneering work in medical direction and efforts to improve long-term and post-acute care. He has also been involved extensively in legislative and regulatory initiatives related to advance care planning and ethical issues and development of related policies and protocols.

Dr. Levenson is a past-president of AMDA – The Society for Post-Acute and Long-Term Care Medicine.

#### **David LeVine, MD, CMD**

**Dr. David LeVine** has been medical director at Menorah Manor in St. Petersburg, FL, for 26 years and is the current chief medical officer. In addition, he is medical director of Arden Courts of Largo and geriatric clinical preceptor for three residency programs in St. Petersburg. He served as clinical associate professor of Kansas City University of Medicine and Biosciences College of Osteopathic Medicine and is an adjunct clinical professor at Lake Erie College of Osteopathic Medicine. He served on the board of FMDA – The Florida Society for Post-Acute and Long-Term Care Medicine from 2011 to 2013 and was named Medical Director of the Year by AMDA – The Society for Post-Acute and Long-Term Care Medicine in 2016.

### **Janet S. Mackenzie, MD**

**Dr. Janet Mackenzie** is a plastic surgeon with over 25 years of experience in the management and care of problem wounds. She obtained her medical degree from the University of Pennsylvania, trained in general surgery at Dartmouth, and did her plastic surgery training at McGill University. She is certified by both the American Board of Plastic Surgery and the American Board of Wound Management. Dr. Mackenzie has a special interest in wound management in the setting of long-term care, providing on-site wound care to residents of skilled nursing facilities. She is involved with the training of established physicians new to wound care, teaching clinical best practices. She volunteers in international wound care, helping medical staff in remote locations learn how to deliver wound care using resources available locally.

### **Mary Mayhew**

**Mary Mayhew** is the president and CEO of the Florida Hospital Association. Previously, she was appointed by Gov. Ron DeSantis as secretary of the Agency for Health Care Administration in January 2019. In that position, she administered Florida's \$28 billion dollar Medicaid program, which serves close to 4 million recipients each month and is responsible for paying for more than 60 percent of the births in the state. Her oversight extends to the licensure and regulation of more than 50,000 health care facilities across the third largest state in the nation, as well as promoting the transparency of consumer health care information through the agency's Florida Center for Health Information and Transparency.

Previously, she served in then-Gov. Paul Lepage's administration as commissioner of the Department of Health and Human Services for the State of Maine, where she implemented innovative reforms in the state's Medicaid program focused on improved care coordination and data-informed healthcare decision making. Her agency also invested in primary care and innovative care models designed to improve the management of chronic diseases, integrate behavioral and physical health, and reduce inappropriate use of healthcare services. Most recently, she served as deputy administrator and director of Medicaid and the Children's Health Insurance Program for the Centers for Medicare & Medicaid Services.

### **Jorge Camilo Mora, MD, MPH**

**Dr. Jorge Camilo Mora** is an associate professor, director of geriatrics, clinical nutrition director, and professional development strand leader at the Herbert Wertheim College of Medicine at Florida International University. He is board certified in family medicine and geriatrics. After graduating from medical school, Dr. Mora worked with the Harvard AIDS Institute and Frangois-Xavier Bagnoud International, focusing on issues related to health care access, HIV/AIDS, and health and human rights in India, Colombia, and Sub-Saharan Africa. Later, he joined the University of Texas, where he was a program manager for an NIH-sponsored Community Program for Clinical Research on AIDS at the Houston AIDS Research Team. He oversaw four clinical centers with more than 3,000 individuals living with HIV/AIDS. After his residency, he joined Broward Health Medical Center and the Veterans Administration Medical Center in West Palm Beach, FL.

In September 2009, Dr. Mora joined Florida International University Herbert Wertheim College of Medicine (HWCMD) as a founding faculty in the Department of Medicine, Family Medicine, and Community Health. In 2010, he became the geriatric clerkship director for the HWCMD; in 2013, he completed a fellowship in geriatric medicine at Cleveland Clinic; and in 2016, he was promoted to associate professor and director of geriatrics. Dr. Mora's expertise includes medical education, cognitive impairment and dementia, nutrition, complementary and alternative medicine, and polypharmacy.

### **Andrea L. Moser, MD, MSc, CCFP(COE), FCFP, CMD**

**Dr. Andrea Moser** is a certified medical director and family physician with a focus practice in care of the elderly. An associate professor in the Department of Family and Community Medicine at the University of Toronto, she recently started a new role as SVP chief medical officer with Sienna Senior Living Canada. She serves as vice president and board member of the Canadian Society for Long Term Care Medicine, member of the board of the American Board of Post-Acute and Long-Term Care Medicine, and member of AMDA's Education Committee, Membership Committee, Telemedicine Working Group, and International Special Interest Group. She is former president of Ontario Long Term Care Physicians and past-chair of the OMA Section of LTC and Care of the Elderly, where she co-developed the Ontario Medical Director Curriculum.

### **David A. Nace, MD, MPH, CMD**

**Dr. David Nace** is an associate professor and clinical chief of geriatric medicine at the University of Pittsburgh and chief of medical affairs for UPMC Senior Communities. He is the immediate past-president of AMDA – The Society for Post-Acute and Long-Term Care Medicine. His research focuses on antimicrobial stewardship and infections in older adults.

A member of the White House Coronavirus Commission on Safety and Quality in Nursing Homes, Dr. Nace leads the Western PA Regional Response Health Collaborative program providing COVID-19 support to 600 long-term care homes in western PA. He has participated in a variety of NIH, CMS, HHS, CDC, and AHRQ projects and task forces, and is the principal investigator of the AHRQ-funded Improving Outcomes for UTI Management in Long-Term Care (IOU) Study.

**Christopher L. Nuland, Esq.**

**Chris Nuland** is the proprietor of the Law Offices of Christopher L. Nuland. He was formerly legal counsel to the Florida Medical Association (FMA). Mr. Nuland came to the FMA after serving as assistant counsel to Blue Cross and Blue Shield of Florida, specializing in regulatory and legislative matters. His practice consists primarily of representing individual physicians and physician groups and helping both to prosper in the new era of managed care and increased government regulation.

Among the honors that Mr. Nuland has received are recognition as one of Florida's Top Lawyers by the Legal Network, inclusion in Who's Who, Who's Who in American Law Schools, and Outstanding Young Men in America. He has been admitted to the United States Supreme Court, Federal, Florida, and Jacksonville Bar associations, and is a member of both the American and Florida Bar associations' Health Care Forums, the latter of which he served two terms as chair of the Florida Bar's Committee of Physician Issues.

Mr. Nuland is a frequent lecturer and author on medico-legal issues, having published *The Legal Doctor* in 1995. He had two books published in 1997: *The Physician's Legal Companion* deals with national laws and rules pertaining to the practice of medicine, and *Legal Implication of Practicing Medicine in Florida* deals specifically with the concerns of Florida physicians. *Legal Survival Guide* was published in 2001.

**Alan W. Obringer, RPh, CGP**

**Alan W. Obringer** is president of Guardian Pharmacy of Orlando. Since 2014, he has been assistant professor in the Department of Pharmacotherapeutics and Clinical Research at the University of South Florida, and clinical assistant professor at the University of Florida since 2002. As president of Envision Health Consulting since 2000, he expanded pharmacy staffing and consulting business to service assisted-living and long-term care facilities and is a licensed consultant pharmacist for several ALFs and SNFs. A member of the Florida chapter of the American Society of Consultant Pharmacists, American Pharmacist Association, Florida Pharmacy Association, and American Society of Consultant Pharmacists, he is a frequent presenter on subjects pertaining to PALTC.

**Adam Perry, MD**

**Dr. Adam Perry** is an emergency medicine physician and fellowship-trained geriatrician. He has completed the educational component of the AMDA/PALTC CMD certification. Current positions include core faculty with The Geriatric Emergency Department Collaborative (a grant of the John A. Hartford and Gary & Mary West Foundations); reviewer with ACEP's Geriatric Emergency Department Accreditation program; value-based consultant; and independently contracted emergency physician/geriatric lead with Commonwealth Health System in northeastern Pennsylvania. Dr. Perry has worked with emergency departments ranging from critical access rural to urban trauma centers, as well as in post-acute and long-term care and home care medicine.

**Pooja Poudel, MD**

**Dr. Pooja Poudel** has always been interested in managing the elderly patient population. She has presented case reports on hypertension management in the elderly in numerous national and international meetings during her residency and has also published review articles. Dr. Poudel completed one retrospective study on the correlation between active smoking and acute gout flare and one cross-sectional study about YouTube as the source of information to the public on systemic lupus erythematosus. She is involved in multiple retrospective studies, comparing the presentation and treatment response to DMARDs in early-onset rheumatoid arthritis vs. late onset rheumatoid arthritis and comparing the effects of social quarantine in anxiety and depression during the COVID-19 pandemic.

**Rhonda L. Randall, DO**

**Dr. Rhonda Randall** is the chief medical officer of UnitedHealthcare Employer & Individual, the nation's largest business serving the health coverage and well-being needs of nearly 28 million Americans. Additionally, Dr. Randall supports the clinical strategy for UnitedHealth Group through her work in the corporate office of medical affairs and as a senior medical advisor to the UnitedHealth Foundation.

Since 2003, she has held clinical leadership roles in many of the enterprise's businesses, including care delivery, Medicaid Long-Term Care, Medicare Special Needs Plans, and Medicare Supplement. Following the 2003 passage of the Medicare Modernization Act that created the Part D prescription drug program, Dr. Randall was instrumental in developing UnitedHealthcare's first Part D plans. In 2008, she transitioned to UnitedHealthcare Medicare & Retirement, serving as regional chief medical officer for the northeast, later concurrently as vice president and national medical director of medical management, as well as deputy chief medical officer of Evercare Hospice and Palliative Care. From 2010 to 2013 she served as chief medical officer for Medicare & Retirement and then as chief medical officer for UHC's Retiree Solutions and National Accounts. She has served as volunteer clinical faculty in geriatrics for Florida Hospital's residency program and Florida State University College of Medicine.

Dr. Randall is a two-time recipient of UnitedHealthcare's Innovation Awards, first in 2005 for her leadership in disaster

planning and again in 2006 for her contribution to a clinical workgroup that developed a model of care for people with advanced illness and end-of-life needs. She has worked with policymakers to expand long-term care home- and community-based services and has collaborated with state agencies to update regulations so seniors who are eligible for both Medicare and Medicaid can receive hospice services from the comfort of their homes.

A member of the Florida Coalition on Physicians Orders for Life-Sustaining Treatment as well as the national Coalition to Transform Advanced Care, Dr. Randall serves as president of FMDA – The Florida Society for Post-Acute and Long-Term Care Medicine; she is a member of the house of delegates as well as the Nominating Committee for AMDA – The Society for Post-Acute and Long-Term Care Medicine.

#### **Dana Saffel, PharmD, DPh, CGP, FASCP**

**Dr. Dana Saffel** is president and CEO of PharmaCare Strategies, Inc., a market development firm that specializes in assisting pharmaceutical manufacturers and pharmacy providers in positioning key products in specialty channels such as long-term care, managed care, Medicaid/Medicare, and hospital markets. In this role, Dr. Saffel provides market development consulting on contracting strategies, pull-through initiatives, advertising, and product placement to complement both existing products as well as potential products in development. Government policy and reimbursement monitoring are additional areas of expertise provided to clients as part of market development activities for senior markets.

Additionally, Dr. Saffel oversees the development of customized sales training programs for the life sciences industries and product-focused disease management initiatives. She also moderates industry-related advisory boards and provides educational programming to healthcare professionals. She is a frequent lecturer at both national and regional meetings on geriatric disease management and health care policy, including Medicaid and Medicare.

Prior to starting PharmaCare Strategies, Dr. Saffel was vice president of United Pharmacy Services, a long-term care pharmacy serving over 12,000 NF, ALF, correctional, and developmentally disabled residents throughout Georgia, North Carolina, and South Carolina. She has practiced in retail, hospital, home infusion, and nuclear pharmacy settings. She was among the first group to successfully complete certification in geriatric pharmacy.

Dr. Saffel is active in many areas of senior-focused professional organizations such as ASCP, AMDA, and AGS. At ASCP she served on the Public Affairs Council, Government Affairs Council, and board of directors of ASCP's Research and Education Foundation, and is a past member of the board of commissioners for certification in geriatric pharmacy. She is also active in the Florida Pharmacy Association and is a past-president of the Florida chapter of ASCP.

#### **Margaret Sayers, MS, NP**

**Margaret Sayers** is a geriatric nurse practitioner. Since 2013 she has been a partner in Patient Pattern, Inc., a software company using predictive analytics to combine existing clinical data with artificial intelligence to identify patterns of improvement and decline in the chronically ill and clinically complex patients.

Prior to joining Patient Pattern, Sayers worked for four decades in long-term care facilities in a variety of nursing, administrative, and clinical roles. From 2009 to 2011, along with Stephen Evans, MD, she was co-investigator for the first U.S. research study using the Comprehensive Geriatric Assessment and Frailty Index to identify acute care patients at risk for adverse outcomes.

Sayers, who has witnessed many changes in healthcare for the chronically ill over the decades, sees the current challenging healthcare climate as a time when the changes coming to pass might actually make a difference for patients and providers alike. Most change is difficult and in healthcare usually unwelcome, but it happens, and we need to be aware and accepting.

#### **Peter Schoch, MD**

**Dr. Peter Schoch** attended medical school at the University of Missouri - Columbia and completed a residency in internal medicine at Allegheny General Hospital in Pittsburgh. In private practice for 13 years in North Carolina, Dr. Schoch served as a board member of that physician-owned and -operated multispecialty group. In 2007, he joined SSM Health as a physician in an internal medicine group, where he practiced until 2014 before stepping into an administrative role. While at SSM Health Dr. Schoch served in the roles of director of informatics/quality/process improvement, GMO, and regional vice president for value-based care and payment at SSM Health-St. Louis. Dr. Schoch led the region's GIN and Medicare AGO.

In December 2017 he joined AdventHealth as the SVP for population health in the CFO and president of AdventHealth Physician Network Central Florida. He also serves as the GMO for integrated health services and is the executive responsible for post-acute services in the CFO - South. Dr. Schoch has proven experience in driving transformational change in the care delivery model, bearing fruit in improved quality outcomes, financial success in value-based contracts, and improved patient experience. Among his current responsibilities are the creation of an integrated care delivery system that is consumer focused and population health-enabled delivering high-quality, patient-centered care at a market competitive price and reduced cost structure leading to a lower total cost of care, improved outcomes, and experience.

**Aleksander Shalshin, MD, CMD, FCCP, FASAM, FACP**

**Dr. Aleksander Shalshin** is the chief of pulmonary medicine at Plainview Hospital, Northwell Health. A fellowship-trained pulmonary critical care provider with a strong geriatric background and experience as medical director for one of the area's largest rehabilitation and nursing facilities, he is CMD certified and published on the topics of pulmonary medicine and geriatric care.

Dr. Shalshin has board certification in internal medicine, critical care medicine, pulmonary disease, hospice/palliative medicine, and addiction medicine. He is assistant professor of the Donald and Barbara Zucker School of Medicine at Hofstra/Northwell and Hofstra Northwell School of Nursing.

**Ronald J. Shumacher, MD, FACP, CMD**

**Dr. Ronald J. Shumacher** is chief medical officer of Care Services at Optum. This is an operating unit of Optum, an information and technology-enabled health services business platform serving the broad health care marketplace. Dr. Shumacher is responsible for the seamless delivery of clinical programs and oversees the clinical execution of Optum Complex Care Management delivery system serving 100,000 chronically ill, post-acute, and long-term care individuals in 30 states and HouseCalls' 1.2 million visits annually. In addition, he is medical director of multiple skilled nursing facilities in Maryland.

He earned his medical degree at The George Washington University School of Medicine & Health Sciences and completed post-graduate training in internal medicine at Georgetown University Medical Center.

**Kara M. Jacobs Slifka, MD, MPH**

**Dr. Kara Jacobs Slifka** is a medical epidemiologist with the Long-Term Care Team in the Prevention and Response Branch within CDC's Division of Healthcare Quality Promotion. She is a board-certified infectious diseases physician who has a research and clinical background in managing infections and antibiotic-resistant pathogens, as well as investigating domestic and international outbreaks of infectious diseases and performing healthcare-associated infection surveillance. She completed her internal medicine residency at the University of Michigan followed by serving as an Epidemic Intelligence Service officer with the CDC before completing an infectious diseases fellowship at Emory University. In her role at CDC, Dr. Jacobs works to contain and prevent the spread of antibiotic-resistant and emerging pathogens, including SARS-Co V-2, in the post-acute and long-term care settings through the development of guidance and educational resources, the support of state and local health departments, and long-term care partners.

**Kimberly R. Smoak, MSH, OIDP**

**Kimberly Smoak** has been with the Agency for Health Care Administration since 1995. The bureau chief of field operations in the Division of Health Quality Assurance, she is responsible for ensuring federal and state survey work is completed on time, monitoring quality improvement/quality assurance activity, and training survey and other division staff. She oversees the eight field offices, the complaint administration unit, and the survey and certification branch within the division. She is also the state survey agency director for the State of Florida. A Qualified Intellectual Disability Professional, in 2009 and 2017 she received Survey & Certification Achievement Awards presented by the Centers for Medicare & Medicaid Services for her work in survey and certification. Most recently, Ms. Smoak was promoted to Deputy Assistant Secretary at AHCA.

**Nimalie D. Stone, MD, MS**

**Dr. Nimalie Stone** is the medical epidemiologist for long-term care in the Division of Healthcare Quality Promotion at the Centers for Disease Control and Prevention. She is a board-certified infectious disease physician who has a research and clinical background in managing infections and antibiotic-resistant pathogens in post-acute and long-term care settings.

Dr. Stone completed her internal medicine residency at Johns Hopkins University, followed by an infectious disease fellowship at Emory University. Prior to joining CDC, she spent several years providing clinical care and advising infection prevention and control programs for a long-term acute care hospital and affiliated nursing home within the Emory Healthcare system. She continues to hold a faculty appointment in the Emory University Division of Infectious Diseases.

In her role at CDC, Dr. Stone works to address the needs for infection prevention programs in long-term care. She develops guidelines, educational resources, and quality improvement programs to reduce healthcare-associated infections and promote antibiotic stewardship in nursing homes. Her efforts include leading the SHEA/CDC position paper updating infection surveillance definitions for long-term care facilities and overseeing the inclusion of infection surveillance infrastructure designed for use by nursing homes and assisted living facilities within the CDC's National Healthcare Safety Network.

She serves as a technical expert for multiple AHRQ-funded projects promoting infection prevention and antibiotic stewardship in long-term care and works closely with the CMS divisions focused on quality improvement and infection prevention oversight in nursing homes. Nationally recognized for her teaching on infection prevention and antibiotic stewardship in long-term care, she serves as an infection prevention resource for state health departments and national quality improvement initiatives such as the Advancing Excellence in America's Nursing Homes Campaign.



Dr. Stone advocates strongly for the inclusion of long-term care in educational programs and policies focused on infection prevention in healthcare. She is chair of the SHEA Long-Term Care Special Interest Group and co-chair for the new SHEA Certificate Course in Post-Acute & Long-Term Care launched during the SHEA Spring 2015 meeting Science Guiding Prevention.

Recently, she moderated a panel discussion on the importance of antibiotic stewardship in long-term care settings at a forum hosted by the White House, which featured several long-term care partners including the National Association of Directors of Nursing Administration in Long-term Care, AMDA – The Society for Post-Acute and Long-Term Care Medicine, American Society for Consultant Pharmacists, and National Consumer Voice for Quality Long-Term Care.

**Niharika Suchak, MBBS, MHS, FACP, AGSF**

**Dr. Niharika Suchak** is a clinician-educator and associate professor in the Department of Geriatrics at Florida State University College of Medicine in Tallahassee, FL. She is the director of Year 1 Clinical Skills at Florida State University College of Medicine (FSUCOM), medical director of FSU TeleHealth, and chair of the FSUCOM TeleHealth Committee. In addition, she serves as the medical director for Big Bend Hospice in Tallahassee, FL.

Dr. Suchak is certified through the American Board of Internal Medicine in internal medicine, geriatric medicine, and hospice and palliative medicine. She has extensive clinical experience in a variety of settings, including office, hospital, nursing home, rehabilitation facility, hospice, assisted living, and house calls. She has organized geriatrics consultation programs with sub-specialties such as oncology, surgery, orthopedics, and gynecology.

Her teaching experience includes the training of medical students, medical residents, geriatric medicine fellows, and students of multiple health professions, and most recently in curriculum development as a course director in clinical skills and one of the lead faculty for interprofessional education.

Dr. Suchak is a past-president of the Florida Geriatrics Society, co-chair of the American Geriatrics Society Special Interest Group in International Activities, co-chair of the Race/Ethnic Committee of the American Medical Women's Association Diversity and Inclusion Section, and member of the American Board of Internal Medicine Geriatric Medicine Board Exam Committee.

A fellow of the American Geriatrics Society and American College of Physicians, in 2016 Dr. Suchak received the Outstanding Senior Faculty Educator Award by the Florida State University College of Medicine. In 2012, she received the Clinician of the Year Award by the American Geriatrics Society.

Dr. Suchak has been an invited speaker at meetings internationally, nationally, and regionally. She regularly serves as the international coordinator and member of the organizing committee for the International Congress on Gerontology and Geriatric Medicine.

**Michael Wasserman, MD, CMD**

**Dr. Michael Wasserman** served as chief executive officer for Rockport Healthcare Services, overseeing the largest nursing home chain in California. Previously, he was executive director, care continuum, for Health Services Advisory Group, the QIN-QIO for California. In 2001 he co-founded Senior Care of Colorado, which became the largest privately owned primary care geriatric practice in the country, before selling it to IPC in 2010. His book, *The Business of Geriatrics*, details how to succeed in geriatrics in today's healthcare marketplace.

As president and chief medical officer for GeriMed of America, Denver, he helped develop GeriMed's Clinical Glidepaths. Dr. Wasserman spent five years with Kaiser-Permanente in southern California, where he developed Kaiser's first outpatient Geriatric Consult Clinic. He was a co-founder and owner of Common Sense Medical Management, which helped manage high-risk beneficiaries of Cover Colorado.

A past-chair of the American Geriatrics Society's Managed Care Task Force, he has served on the Public Policy Committee for AGS and AMDA. He was a public commissioner for the Continuing Care Accreditation Commission, and recently served on several CMS Technical Expert Panels related to MACRA, value-based purchasing, and the IMPACT Act. Dr. Wasserman was a co-founder of MESA (Medicare Experts and Senior Access), a multiyear grant from the Colorado Health Foundation to train primary care physicians to effectively care and bill for Medicare patients. He was the lead delegate from the State of Colorado to the 2005 White House Conference on Aging, and co-chaired the Colorado Alzheimer's Coordinating Council.

An active supporter and board member of the Wish of a Lifetime Foundation, he served on the board of The Denver Hospice for 15 years. He is a board member for the American Geriatrics Society's Foundation for Health in Aging, and president of the California Association for Long-Term Care Medicine. He has spoken extensively and published on topics involving geriatrics, quality improvement, geriatric workforce issues, healthy aging, Alzheimer's disease, the business of health care, leadership, practice management, and managed care.

**John J. Whitman, MBA, NFA**

**John Whitman** has been an active force in the field of aging and long-term care for over 30 years. For the past two decades, he has been a faculty member in the University of Pennsylvania's Wharton MBA Healthcare Program serving as the program's internal expert on senior care services. He is also a multiple recipient of Wharton's coveted Excellence in Teaching Award. As a national consultant, Whitman has worked with all levels of health care and social service organizations providing care and services for seniors.

Whitman recently completed a six-year term and co-chair of the Finance Committee on the board of the Philadelphia Corporation for Aging, the fourth largest Area Agency on Aging in the nation with an annual budget over \$100 million. He also served on the Dean's Advisory Board of Drexel University's School of Public Health and is an advisory board member of numerous startup companies focused on programs, services, or technologies to improve care for seniors in America and internationally.

Whitman started and serves as executive director of a healthcare-focused non-profit called The TRECS Institute (Targeting Revolutionary Elder Care Solutions), a catalyst to create positive changes in caring for seniors while generating added revenue for providers and cost savings for the health care system.

# SESSIONS



# CERTIFICATE PROGRAM SESSIONS

▶ **101** ▶ Appropriate Use of Opioids for Managing Pain and Complications Associated with Long-Term Opioid Use  
(1.0 hour)

▶ F. Michael Gloth III, MD, FACP, AGSF, CMD; *Associate Professor of Medicine, Division of Geriatric Medicine & Gerontology,*

*Johns Hopkins University School of Medicine; Clinical Professor, Department of Geriatrics, Florida State University College of Medicine*

**Moderator:** Samantha Quigley, PharmD; Member, Education Committee, FMDA



F. Michael Gloth III

▶ **102** ▶ Assessing Nutritional Needs and Deficiencies Among Older Adults  
(1.0 hour)

◀ Jorge Camilo Mora, DO; *Director of Geriatrics, Associate Professor, Herbert Wertheim College of Medicine, Florida International University*

**Moderator:** Mark L. Beauchamp, MD, FACP; Member, Education Committee, FMDA



Jorge Camilo Mora

▶ **103** ▶ Best Practices for Managing Fragility Hip Fracture Patients in Post-Acute Care Facilities  
(1.0 hour)

▶ Bernardo Reyes Fernandez, MD, CMD; *Assistant Professor of Geriatrics, Charles E. Schmidt College of Medicine, Florida Atlantic University*

**Moderator:** Shark Bird, MD, CMD, CWSP; Member, Education Committee; Director, FMDA



Bernardo Fernandez

▶ **104** ▶ Containment and Prevention of Multidrug-Resistant Organisms (MDROs) in PALTC  
(1.0 hour)

▶ Kara M. Jacobs Slifka, MD, MPH; *LCDR, United States Public Health Service, Division of Healthcare Quality Promotion, Centers for Disease Control and Prevention*

▶ Nychie Dotson, PhD, MPH, CIC, CPHQ, FAPIC; *Health Care-Associated Infection Prevention Program Manager, Bureau of Epidemiology, Division of Disease Control & Health Protection, Florida Department of Health*

**Moderator:** Elizabeth Hames, DO, CMD; Member, Education Committee; Secretary-Treasurer, FMDA



Kara Jacobs Slifka



Nychie Dotson

▶ **105** ▶ Geriatric Literature Review  
(1.0 hour)

▶ Niharika Suchak, MBBS, MHS, FACP, AGSF; *Associate Professor, Department of Geriatrics, Florida State University College of Medicine*

**Moderator:** Leonard Hock Jr., DO, MACOI, CMD; Member, Education Committee; Chair, FMDA



Niharika Suchak

▶ **106** ▶ Geriatric Nephrology & Hypertension  
(1.0 hour)

▶ Pooja Poudel, MD; *Geriatric Fellow, Section of Geriatric Medicine, Department of Internal Medicine, LSU Health Sciences Center, New Orleans School of Medicine*

▶ Diala Tareq Khirfan, MD; *Nephrology Fellow, Section of Nephrology and Hypertension, LSU Health Sciences Center, New Orleans School of Medicine*

**Moderator:** Angel Tafur, MD, CMD; Vice Chair and Program Director, Education Committee; President, FMDA



Pooja Poudel



Diala Tareq Khirfan

**Sessions 101 to 112 are clinical presentations.  
Sessions 201 to 213 are management focused.**

# CERTIFICATE PROGRAM SESSIONS

## 107 Guidelines for Constipation in the Long-Term Care Resident (1.0 hour)

- ▶ Georgiana C. Hogan, RN, BSN, CHPN, DNP; *Community Living Center Registered Nurse, Charles George VA Medical Center, Asheville, NC*



Georgiana C. Hogan

**Moderator:** Lauren Tafur, ARNP; Member, Education Committee

## 108 National Expert Panel: State of COVID-19 in PALTC (1.5 hours)

- ▶ Leonard Hock, DO, MACOI, CMD, FAAHPM, HMDC; *Chairman of the Board, Board of Directors, Education Committee, FMDA*



Leonard Hock

- ▶ David A. Nace, MD, MPH, CMD; *Associate Professor of Medicine and Director of Long-Term Care, Division of Geriatric Medicine, University of Pittsburgh Institute on Aging; Chief of Medical Affairs, UPMC Senior Communities; Chair, Public Policy Committee and Immediate Past-President, AMDA – The Society for Post-Acute and Long-Term Care Medicine*



David A. Nace

- ▶ Dana Saffel, PharmD; *President and CEO, PharmaCare Strategies*



Dana Saffel

- ▶ Nimalie D. Stone, MD, MS; *Team Lead, Long-Term Care Prevention and Response Branch, Division of Healthcare Quality Promotion, Centers for Disease Control and Prevention*



Nimalie D. Stone

**Moderator:** Naushira Pandya, MD, CMD, FACP; Professor and Chair, Department of Geriatrics, Kiran C. Patel College of Osteopathic Medicine, Nova Southeastern University; Past-President, AMDA

## 109 Operationalizing Frailty – A Clinical Strategy to Recognize Risk and Reduce Readmissions (1.0 hour)

- ▶ Steven Buslovich, MD, CMD, MSHCPM; *Medical Director, BLT Medical Group, New York State Center for Excellence in Bioinformatics and Life Sciences*



Steven Buslovich

- ▶ Margaret Sayers, MS, NP; *Vice President Product & Research, Patient Pattern*



Margaret Sayers

**Moderator:** Michelle A. Lewis, MSN, APRN, FNP-BC, GNP-BC; Member, Education Committee, FMDA

## 110 Pharmacological Management of Behavioral Problems in Dementia (1.0 hour)

- ▶ Ariel Cole, MD, FFAFP, CMD; *Director, Geriatric Fellowship, AdventHealth, Winter Park, FL; Assistant Director, AdventHealth Family Medicine Residency; Clerkship Director, Dept. of Geriatrics, Florida State University College of Medicine; Assistant Professor, University of Central Florida College of Medicine*



Ariel Cole

- ▶ Alan Obringer, RPh, CPh, CGP; *President, Guardian Pharmacy of Orlando*



Alan Obringer

**Moderator:** Kenya Rivas, MD, FFAFP, CMD; Chair, Education Committee; Director, FMDA

## 111 Resistant Pneumonia in Nursing Home Residents (1.0 hour)

- ▶ Aleksander Shalshin, MD, CMD, FCCP, FACP; *Chief, Pulmonary Medicine, Plainview Hospital, Northwell Health, Syosset, NY*
- Moderator:** Laurie Sheffield, ARNP, DNS; Member, Education Committee; Director, FMDA



Aleksander Shalshin

FMDA thanks Dr. Nace and Dr. Saffel for providing current updates to their original sessions. This session still counts as 1.5 hours.

# CERTIFICATE PROGRAM SESSIONS

## 112 The Unlucky 13: A Case-Based Presentation that Will Test Your Knowledge of Wound Care Through an Interactive Challenge of 13 Real-Life Scenarios in the PALTC Setting

(1.5 hour)

- ▶ Shark Bird, MD, CMD, CWSP; *Chief Medical Officer, Vohra Wound Physicians*
- ▶ Janet S. Mackenzie, MD, ABPS, ABWM; *Fellowship Director, Physician Mentor, Regional Physician Lead, and Physician Trainer, Vohra Wound Physicians*

**Moderator:** Diane Sanders-Cepeda, DO, CMD; Member, Education Committee; Vice President, FMDA



Shark Bird



Janet S. Mackenzie

## 201 AHCA Regulatory Update

(1.0 hour)

- ▶ Kimberly R. Smoak, MSH, QIDP; *Assistant Deputy Secretary, Chief of Field Operations/State Survey Agency Director, Div. of Health Quality Assurance, Florida's Agency for Health Care Administration*

**Moderator:** Maria R. Gonzalez, MD, FAAFP, CMD; Member, Education Committee; Director, FMDA



Kimberly R. Smoak

## 202 A New Approach to Quality Measurement: Focus on the Provider

(1.0 hour)

- ▶ Paul Katz, MD, CMD; *Chair, Florida State University College of Medicine, Dept. of Geriatrics; Past-President, AMDA – The Society for Post-Acute and Long-Term Care Medicine*

▶ Andrea Moser, MD, MSc, CCFP, FCFP, CMD; *Associate Professor, Department of Family and Community Medicine, University of Toronto*

**Moderator:** Michelle A. Lewis, MSN, APRN, FNP-BC, GNP-BC; Member, Education Committee; FMDA



Paul Katz



Andrea Moser

## 203 Billing & Coding in the Nursing Home

(1.0 hour)

- ▶ Leonard M. Gelman, MD, CMD; *Past-President, AMDA and NYMDA; private practice, Ballston Spa, NY*

**Moderator:** Alfonso Gonzalez-Rodriguez, MD; Member, Education Committee



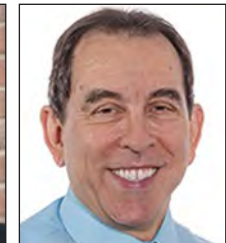
Leonard M. Gelman



Ron Shumacher



David Grabowski



David A. LeVine

## 204 Bridging the Gap in Clinical Nursing Home Care: Bold Steps Needed

(1.0 hour)

- ▶ Ron Shumacher, MD, FACP, CMD; *Chief Medical Officer, Optum Care Services*
- ▶ David Grabowski, PhD; *Professor, Healthcare Policy, Harvard Medical School*
- ▶ David A. LeVine, MD, CMD; *Chief Medical Officer, Menorah Manor, St. Petersburg, FL; Clinical Associate Professor, Kansas City University of Medicine and Biosciences College of Osteopathic Medicine*

**Moderator:** F. Michael Gloth III, MD, FACP, AGSF, CMD; Member, Education Committee; Director, FMDA

# CERTIFICATE PROGRAM SESSIONS

▶ **205** Communication Is Revolutionary: Reframing the Emergency Department Transition (1.0 hour)

▶ Adam Perry, MD; *Faculty, Geriatric Emergency Department Collaborative; Reviewer, Geriatric Emergency Department Accreditation Program; Geriatric Emergency Medicine Lead, Wilkes Barre General Hospital, PA*



Adam Perry

**Moderator:** Elizabeth Hames, DO, CMD;

Member, Education Committee; Secretary-Treasurer, FMDA

▶ **206** COVID-19 Pandemic Impact on PALTC: Deep Data Dive (1.0 hour)

▶ Rhonda Randall, DO; *EVP & Chief Medical Officer, UnitedHealthcare Employer & Individual;*



Rhonda Randall

*Immediate Past-President, FMDA*

**Moderator:** Leonard Hock Jr., DO, MACOI, CMD;

Member, Education Committee; Chair, FMDA



Paul Katz



Robert Kaplan



Steven Levenson

▶ **207** Enhancing Clinical Competencies: Look Before You Leap (3.0 hours)

▶ Paul Katz, MD, CMD; *Chair, Florida State University College of Medicine, Dept. of Geriatrics; Past-President, AMDA – The Society for Post-Acute and Long-Term Care Medicine*

▶ Robert Kaplan, MD, FACP, CMD; *Multi-Facility Medical Director; Past-President, FMDA*

▶ Steven Levenson, MD, CMD; *Regional Medical Director for Kentucky/Tennessee, Genesis Healthcare; Past-President, AMDA*

**Moderator:** Robert Kaplan, MD, FACP, CMD; Past-Chair, ABPLM

▶ **208** Keynote: PALTC Response to COVID-19 (1.0 hour)

▶ Michael R. Wasserman, MD, CMD; *President and Chair, Education Committee, California Association of Long-Term Care Medicine*



Michael Wasserman

**Moderator:** Rhonda Randall, DO; Immediate Past-President, FMDA

▶ **209** Keynote: State of the State (1.0 hour)

▶ Mary C. Mayhew, *President/CEO, Florida Hospital Association; Former Secretary, Florida's Agency for Health Care Administration*



Mary C. Mayhew

**Moderator:** Angel Tafur, MD, CMD;

Vice Chair and Program Director, Education Committee; President, FMDA

▶ **210** Preventing Medical Errors (2.0 hours)

▶ Christopher L. Nuland, Esq.; *General Counsel, Florida Chapter ACP; General Counsel, Florida Chapter, American College of Surgeons Committee and NP/PA Advisory Council*



Christopher Nuland

**Moderator:** Lauren Tafur, ARNP; Member, Education Committee, FMDA

▶ **211** Public Policy Spotlight (1.0 hour)

▶ Alex Bardakh, MPP, PLC; *Director, Public Policy & Advocacy; AMDA – The Society for Post-Acute and Long-Term Care Medicine*



Alex Bardakh

**Moderator:** Diane Sanders-Cepeda, DO, CMD; Member, Education Committee; Vice President, FMDA

# CERTIFICATE PROGRAM SESSIONS



Adrian Burrowes



Peter Schoch



Arlene Herrin

## ▶▶ 212 Reducing Hospital Admissions with SNFIST Model (1.0 hour)

- ▶ Adrian Burrowes, MD, FAAFP; *CEO, CFP, Physicians Group, Casselberry, FL*
- ▶ Peter Schoch, MD; *Chief Medical Officer, Integrated Health Services, AdventHealth, Central Florida Division*
- ▶ Arlene Herrin, MHSA; *VP Healthcare, AdventHealth, Orlando*

**Moderator:** Mark L. Beauchamp, MD, FACP; Member, Education Committee, FMDA

## ▶▶ 213 Update on Telemedicine & Remote Patient Monitoring (1.0 hour)

- ▶ John Whitman, MBA; *Faculty, The Wharton School; Executive Director, The TRECS Institute*

**Moderator:** Marva Edwards-Marshall, DNP, ARNP-BC; Member, Education Committee, FMDA



John Whitman

## *Faculty Disclosures*

Shark Bird, MD, CMD, CWSP . . . . . Stock Shareholder (self-managed), Full-time/Part-time Employee, Vohra Wound Physicians

Steven Buslovich, MD, . . . . . Stockholder, Patient Pattern, Inc. CMD, MSHCPM

Bernardo Reyes Fernandez, MD, CMD. . . . . Consultant, PointClickCare

F. Michael Gloth III, MD, . . . . . Royalties, Springer Publishing FACP, AGSF, CMD

Janet S. Mackenzie, MD, ABPS, ABWM . . . . . Stock Shareholder (self-managed), Full-time/Part-time Employee, Vohra Wound Physicians

Rhonda Randall, DO . . . . . UnitedHealth Group, UnitedHealthcare

Margaret Sayers, MS, NP. . . . . Stock Shareholder, Patient Pattern, Inc.

Ron Shumacher, MD, FACP, CMD . . . . . Full-time Employee, Optum



# 101: Appropriate Use of Opioids for Managing Pain and Complications Associated with Long-Term Opioid Use

(1.0 hour)

F. Michael Gloth III, MD, FACP, AGSF, CMD

### LEARNING OBJECTIVES

At the conclusion of this program, attendees should be able to:

1. Illustrate examples and studies of commonly used pain scales that fall short of adequate pain assessment in older adult populations
2. Describe instruction on appropriate pain assessment in older adults
3. Discuss the Functional Pain Scale and the modified Functional Pain Scale for older adults

### NOTES

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# 102: Assessing Nutritional Needs and Deficiencies Among Older Adults

(1.0 hour)

Jorge Camilo Mora, DO

### LEARNING OBJECTIVES

At the conclusion of this program, attendees should be able to:

1. Describe the most common nutritional deficiencies among older adults
2. Recognize atypical presentations of common nutritional deficiencies among older adults
3. Assess and treat malnutrition in post-acute and long-term care settings
4. Discuss re-feeding syndrome, risks, and management

### NOTES

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# CLINICAL FOCUS

## 103: Best Practices for Managing Fragility Hip Fracture Patients in Post-Acute Care Facilities (1.0 hour)

Bernardo Reyes Fernandez, MD, CMD

### LEARNING OBJECTIVES

At the conclusion of this program, attendees should be able to:

1. Delineate key factors in successful post-acute care of hip fracture patients
2. Define general principles of medical management of post-acute care of hip fracture patients
3. List key components of optimal osteoporosis management in post-acute care of hip fracture patients
4. Identify best practices for collaborating with surgical colleagues in post-acute care of hip fracture patients to minimize surgical complications
5. Identify the benefits of establishing standards of care for hip fracture patients in the post-acute setting

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## 104: Containment and Prevention of Multidrug-Resistant Organisms (MDROs) in PALTC (1.0 hour)

Kara M. Jacobs Slifka, MD, MPH  
Nychie Dotson, PhD, MPH, CIC, CPHQ, FAPIC

### LEARNING OBJECTIVES

At the conclusion of this program, attendees should be able to:

1. Identify novel and targeted multidrug-resistant organisms (MDROs)
2. Discuss the public health significance of MDROs
3. Describe how MDROs can spread in healthcare networks and why nursing home residents are at high risk
4. Identify common infection prevention gaps and ways to make improvements
5. Describe enhanced barrier precautions
6. Review 2018 Florida HAI data for long-term acute care hospitals and highlight AR data in State of Florida
7. Discuss the role of the state and county health department in HAI/MDRO outbreak investigations

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### 105: Geriatric Literature Review

(1.0 hour)

Niharika Suchak, MBBS, MHS, FACP, AGSF

**LEARNING OBJECTIVES**

At the conclusion of this program, attendees should be able to:

1. Identify areas in clinical medicine where new strong evidence has been uncovered that may affect geriatric practice
2. Describe the results of a critical appraisal of this evidence including limitations and pitfalls of published articles
3. Discuss clinical advances in caring for older adults from a review of recent select peer-reviewed journal articles

### NOTES

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### 106: Geriatric Nephrology & Hypertension

(1.0 hour)

Pooja Poudel, MD  
Diala Tareq Khirfan, MD

**LEARNING OBJECTIVES**

At the conclusion of this program, attendees should be able to:

1. Discuss the prevalence of hypertension in the elderly
2. Describe the importance of the evaluation and assessment of hypertension in the elderly
3. List the unique aspects of the treatment of hypertension in the elderly
4. Discuss the etiology of ESRD in the geriatric population
5. Review the progression of advanced stage CKD into ESRD
6. Identify the comorbidities associated with ESRD
7. Describe the different modalities of renal replacement therapy in the elderly and choose accordingly

### NOTES

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# CLINICAL FOCUS

## 107: Guidelines for Constipation in the Long-Term Care Resident

(1.0 hour)

Georgiana C. Hogan, RN, BSN, CHPN, DNP

### LEARNING OBJECTIVES

At the conclusion of this program, attendees should be able to:

1. Discuss an overview of constipation
2. Describe long-term care resident presentation of constipation
3. Assess, diagnose, and treat constipation
4. Compare management of acute versus chronic constipation
5. Identify interdisciplinary team approaches to treating constipation

### NOTES

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## 108: National Expert Panel: State of COVID-19 in PALTC

(1.5 hours)

Leonard Hock, DO, MACOI, CMD, FAAHPM, HMDC

David A. Nace, MD, MPH, CMD

Dana Saffel, PharmD

Nimalie D. Stone, MD, MS

### LEARNING OBJECTIVES

At the conclusion of this program, attendees should be able to:

1. Discuss facility preparedness in the age of a pandemic — nursing home crisis standards of care (NHSCC)
2. Review best care practices as they relate to facility readiness and NHSCC
3. Describe the University Hospitals' Intercept Team three-phased approach to COVID-19 outbreak support for PALTC facilities and present this model as a template for future planning and action
4. Discuss the industry impact that COVID-19 has had on PALTC
5. Identify strategies that will need to be adopted for future outbreaks, epidemics, and pandemics
6. Discuss the strong level of engagement around this subject that has exceeded our expectations
7. Identify the barriers and challenges that COVID-19 has presented to the PALTC continuum
8. Summarize innovations, insights, and clinical redesign models that the PALTC facilities and providers will need to embrace to deliver care to residents in times of a pandemic
9. Discuss the ethical dilemmas that COVID-19 has revealed across the PALTC continuum
10. Consider how PALTC will evolve in a post-COVID-19 world

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# CLINICAL FOCUS

## 109: Operationalizing Frailty – A Clinical Strategy to Recognize Risk and Reduce Readmissions

(1.0 hour)

Steven Buslovich, MD, CMD, MSHCPM  
Margaret Sayers, MS, NP

### LEARNING OBJECTIVES

At the conclusion of this program, attendees should be able to:

1. Review history and current status of CMS Readmission Quality Measure
2. Discuss concept and ramifications of “avoidable” readmissions
3. Describe the impact of identifying risk from frailty to reduce readmissions
4. Summarize the potential for better clinical outcomes when frailty-based risk informs approaches to care

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## 110: Pharmacological Management of Behavioral Problems in Dementia

(1.0 hour)

Ariel Cole, MD, FAAFP, CMD  
Alan Obringer, RPh, CPh, CGP

### LEARNING OBJECTIVES

At the conclusion of this program, attendees should be able to:

1. Define dementia, its etiology, and types
2. Discuss behavioral issues presented by patients with dementia
3. Summarize recent changes in approach to treatment
4. Describe appropriate pharmacologic options for treatments
5. Discuss benefits and risks for the preferred and non-preferred classes of drugs

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# CLINICAL FOCUS

## 111: Resistant Pneumonia in Nursing Home Residents

(1.0 hour)

Aleksander Shalshin, MD, CMD, FCCP, FASAM, FACP

### LEARNING OBJECTIVES

At the conclusion of this program, attendees should be able to:

1. Diagnose resistant pneumonia in nursing home residents
2. Identify best treatment and practice for management of resistant pneumonia
3. Identify COVID-19 infected patients
4. Contrast and compare pneumonia and COVID-19 symptoms
5. Describe antibiotic stewardship
6. Demonstrate prognostication
7. Discuss immunization and prevention

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## 112: The Unlucky 13: A Case-Based Presentation that Will Test Your Knowledge of Wound Care Through an Interactive Challenge of 13 Real-Life Scenarios in the PALTC Setting

(1.5 hours)

Shark Bird, MD, CMD, CWSP  
Janet S. Mackenzie, MD, ABPS, ABWM

### LEARNING OBJECTIVES

At the conclusion of this program, attendees should be able to:

1. Through the use of case studies, list treatment strategies to care for patients with wounds in the nursing home setting
2. Discuss wound types including pressure, venous, arterial, neuropathic, post-surgical, infectious, and atypical
3. Review dressing treatment selection and Medicare Part B coverage
4. Demonstrate offloading and pressure relief
5. Review Federal Guidelines F-686 and others
6. Assess infection control and wound rounds
7. Evaluate litigation and state survey risks
8. Discuss the importance of documentation and impact on PDPM

### NOTES

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# MANAGEMENT FOCUS

## 201: AHCA Regulatory Update

(1.0 hour)

Kimberly R. Smoak, MSH, QIDP

### LEARNING OBJECTIVES

At the conclusion of this program, attendees should be able to:

1. Describe the impact of the rules of participation on patient care
2. Discuss the survey process, including infection prevention and control
3. Review the top 10 F-Tag citations in nursing homes
4. Discuss how COVID-19 created barriers for facilities
5. Describe how COVID-19 created barriers for medical directors, clinicians, and other nursing home providers
6. Identify the unique regulatory challenges faced by nursing homes during the pandemic
7. Summarize the impact that reopening visitation has had on nursing home COVID-19 infection rates
8. Discuss components of the infection prevention and control program and the medical director's role

### NOTES

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## 202: A New Approach to Quality Measurement: Focus on the Provider

(1.0 hour)

Paul Katz, MD, CMD  
Andrea Moser, MD, MSC, CCFP, FCFP

### LEARNING OBJECTIVES

At the conclusion of this program, attendees should be able to:

1. Identify the current gaps in quality measurement for providers
2. Describe the methodologic approach to the development of a new quality measurement tool
3. Recognize how a new quality measurement tool can lead to important policy changes

### NOTES

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## MANAGEMENT FOCUS

### 203: Billing & Coding in the Nursing Home

(1.0 hour)

Leonard M. Gelman, MD, CMD

LEARNING OBJECTIVES

At the conclusion of this program, attendees should be able to:

1. Compare and contrast differences in coding procedures for Medicare Part B reimbursement based on site of service and resident benefits of Medicare Part A
2. Identify billing and coding updates
3. Review appropriate use of codes based on documentation requirements appropriate to billing procedures
4. Explain medical-necessity visit requirements under the Medicare program
5. Illustrate common coding errors
6. Identify billing strategies

### NOTES

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### 204: Bridging the Gap in Clinical Nursing Home Care: Bold Steps Needed

(1.0 hour)

Ron Shumacher, MD, FACP, CMD

David Grabowski, PhD

David A. LeVine, MD, CMD

LEARNING OBJECTIVES

At the conclusion of this program, attendees should be able to:

1. Prepare medical directors and physicians to reorient their approach to clinical practice in nursing homes to achieve better results
2. Describe how an on-site clinical care model can achieve quality outcomes, reduce costs, and enhance patients' experience
3. Discuss new research that supports bold change in how clinical care is delivered in nursing homes

### NOTES

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**205: Communication Is Revolutionary: Reframing the Emergency Department Transition**

(1.0 hour)

**Adam Perry, MD**

**LEARNING OBJECTIVES**

At the conclusion of this program, attendees should be able to:

1. Design a program to enhance collaboration with the emergency department
2. Explain the unique challenges of treating vulnerable older adult residents in the emergency department
3. Discuss the "Geriatric ED" model of care as it relates to residential and nursing facility residents
4. Analyze their receiving emergency departments' metrics and staffing structure

**NOTES**

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**206: COVID-19 Pandemic Impact on PALTC: Deep Data Dive**

(1.0 hour)

**Rhonda Randall, DO**

**LEARNING OBJECTIVES**

At the conclusion of this program, attendees should be able to:

1. Summarize the impact that COVID-19 has had on the U.S.
2. Compare pandemic outcomes regionally
3. Identify how the pandemic has taken a toll on resident and patient outcomes in the PALTC setting
4. Discuss the most successful strategies to mitigate this and future pandemics

**NOTES**

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**209: Keynote: State of the State**

(1.0 hour)

Mary C. Mayhew

LEARNING OBJECTIVES

At the conclusion of this program, attendees should be able to:

1. Discuss the changing health care landscape and what it means for practitioners in PALTC
2. Describe the impact that COVID-19 has had on the Agency and the health care continuum
3. Review future trends that will affect PALTC practitioners
4. Evaluate accountable health care partners
5. Integrate best practices to enhance the care provided in the PALTC continuum
6. Develop reputations and credibility in the health care environment

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**210: Preventing Medical Errors**

(2.0 hours)

Christopher L. Nuland, Esq.

LEARNING OBJECTIVES

At the conclusion of this program, attendees should be able to:

1. Recognize common practices that may unnecessarily lead to medical errors
2. Discuss best practices designed to minimize the likelihood of medical errors
3. Describe processes that can be used to improve client safety
4. Recognize individual responsibility for reporting errors
5. Discuss the medical community's role in public education to reduce medical errors
6. Review Board of Medicine rules most likely to ensnare unwitting physicians
7. List the five most misdiagnosed conditions
8. Define root cause analysis and explain how it is used in correcting medication errors in pharmacy

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# MANAGEMENT FOCUS

## 211: Public Policy Spotlight

(1.0 hour)

Alex Bardakh, MPP, PLC

### LEARNING OBJECTIVES

At the conclusion of this program, attendees should be able to:

1. Discuss latest federal legislative and regulatory developments
2. Describe the impact of COVID-19 pandemic on PALTC practitioners
3. Discuss upcoming payment changes to primary care services and their impact of PALTC practitioners
4. Discuss future challenges of PALTC practices and healthcare landscape changes

### NOTES

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## 212: Reducing Hospital Admissions with SNFIST Model

(1.0 hour)

Adrian Burrowes, MD, FAAFP

Peter Schoch, MD

Arlene Herrin, MHSA

### LEARNING OBJECTIVES

At the conclusion of this program, attendees should be able to:

1. Discuss the role of the SNFIST in reducing hospital readmissions
2. Describe best care practices in the handoff from acute to post-acute care
3. Relate the role of the SNF discharge summary and communication to PCP
4. Define the role of the "one call" emergency department handoff

### NOTES

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Save  
the Date!



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